



Mel's Lunchbox

BREAKFAST

SEASONAL FRUIT from \$0.50
MIXED FRUIT & YOGHURT CUP \$1.50
MIXED FRUIT & CUSTARD CUP \$1.50
MIXED FRUIT CUP \$1.50
CEREAL CUP \$1.00
RAISIN TOAST \$1.00
SIPPAH STRAW & MILK \$1.50
UP & GO CHOCOLATE \$2.50
UP & GO VANILLA \$2.50
UP & GO STRAWBERRY \$2.50
PIKELETS \$1.50
HASHBROWN \$1.00
CHEESE & BACON ROLL \$1.50

SANDWICHES

VEGEMITE \$1.50
JAM \$1.50
HONEY \$1.50
CHEESE \$2.00
SPAGHETTI \$2.50
BAKED BEANS \$2.50
EGG \$2.50
EGG, LETTUCE AND MAYO \$2.50
TUNA \$2.50
HAM \$2.50
SALAD \$3.00
CHICKEN \$3.50

SALADS

GARDEN SALAD \$3.00
CAESAR SALAD \$4.00
CHICKEN CAESAR SALAD \$4.50
TUNA PASTA SALAD \$4.00
GREEK SALAD \$4.00
TUNA SALAD \$4.50
HAM SALAD \$4.50

CHICKEN SALAD \$5.00
SUSHI (CHICKEN) \$2.50
SUSHI (TUNA) \$2.50

HOT FOOD

NACHOS \$2.00
MAC AND CHEESE \$3.50
CABARNARA \$4.00
SPAGHETTI BOLOGNESE \$4.00
FLAME GRILL WRAP \$5.00
FLAME GRILL BURGER \$5.50
TACO BOWL \$4.00
CHICKEN BURGER \$4.50
SWEET CHILLI CHICKEN WRAP \$4.00
CHEESEBURGER \$4.50
FISH BURGER \$4.50
ROAST CHICKEN & GRAVY ROLL \$4.50
MEATBALL SUB \$4.00
TUNA AND PASTA BAKE \$3.50
CORN ON THE COB \$1.00
MINI CHEESE PIZZA \$1.00
PIES (BEEF / CHICKEN) \$3.50
SAUSAGE ROLL \$3.00
NUGGETS (3) \$2.00
HOTDOG \$2.50
NOODLES CUP \$2.00
WEDGES \$2.50

DRINKS

BIG M FLAVOURED MILK CHOCOLATE \$2.50
BIG M FLAVOURED MILK STRAWBERRY \$2.50
LARGE WATER \$2.00
SMALL WATER \$1.00
FRUIT JUICE POPPERS \$1.50
FRUIT JUICE POP TOPS \$2.50
CHILL J GRAPE \$2.50
CHILL J ORANGE/PASSIO \$2.50
CHILL J RASPBERRY \$2.50
GLEE BLACKCURRENT CAN \$2-50
GLEE GRAPE CAN \$2.50
GLEE RASPBERRY CAN \$2.50
GLEE TROPICAL CAN \$2.50

SNACKS

MUFFIN \$1.00
CHEESE & CRACKERS CUP \$1.00
CRACKERS, VEGES & DIP BOWL \$2.00
SEASONAL FRUIT from \$0.50
VEGE CUP \$1.00
MIXED FRUIT CUP \$1.50
MIXED FRUIT & CUSTARD CUP \$1.50
WATERMELON CUP \$1.00
CUSTARD CUP \$1.00
POPCORN \$1.00
MAMEE MONSTER NOODLE SNACK \$1.00
RICE STICKS \$1.00
RED ROCK SEA SALT \$1.50

FROZEN SNACKS

NIPPY'S FROZEN JUICE CUP APPLE \$1.00
NIPPY'S FROZEN JUICE CUP ABC \$1.00
NIPPY'S FROZEN JUICE CUP ORANGE \$1.00
SNAP STIX SOUR ICE POP GRAPE \$1.00
SNAP STIX SOUR ICE POP BLUEBERRY \$1.00
SNAP STIX SOUR ICE POP RASPBERRY \$1.00
ICE MONY CHOCOLATE \$1.50
ICE MONY BLUE RASPBERRY \$1.50
ICE MONY RED BERRY BLAST \$1.50
ICE MONY LEMON ICE \$1.50
MOOSIE CHOCOLATE \$1.50
MOOSIE BLUE MOON \$1.50
QUELCH STICK APPLE \$0.50
QUELCH STICK MANGO \$0.50
QUELCH STICK ORANGE \$0.50
QUELCH STICK BLACKCURRENT \$0.50
QUELCH STICK TROPICAL \$0.50